

Retirement: Embrace holistic planning

Retirement: Embrace holistic planning... Anand was interested in nonprofit work but lacked capital for the same...

Comprehensive planning would include managing anxiety, identity loss, and loneliness... Anand is not alone in his quest for preparation for retirement...

In contrast to Anand, my friend Yogesh meticulously planned both the financial and lifestyle aspects of his retirement... The community members shared his socio-economic background...

omic background. Additionally, Yogesh contributed both financially and with his expertise to a nearby school for underprivileged children...

Most people neglect retirement planning entirely. Of those who do consider it, most, like Anand, focus solely on financial aspects without preparing for their non-financial needs...

These include managing feelings of anxiety, loss of identity, and loneliness; establishing a holistic health and wellness routine that includes exercise, sleep, and emotional health...

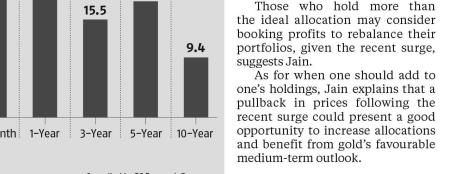
Gold and geopolitical risks

Gold has witnessed a strong rally, rising 16.1 per cent this calendar year. The yellow metal ended the previous week at \$73,180 per 10 grams...

West Asia tensions: Fears that the skirmish between Israel and Iran could escalate into a full-blown war have sent investors scurrying into gold... Central banks' gold appetite: Central banks, which are trying to diversify their reserves...

Rebalance if overweight after recent surge; if underexposed, purchase systematically or during price dips

However, higher prices have dampened consumer demand, which could continue to be affected in the near term. Historically, the months of April and May during election years have witnessed a drop in imports on a year-on-year basis...



Options for buying gold: Several options are available for holding gold. Gold can be bought physically, or as exchange-traded funds (ETFs) and gold funds... Negative diversifiers: If geopolitical tensions ease, gold prices could decline...

FORM NO. NCLT_3A ADVERTISEMENT DETAILING PETITION (SEE RULE 35 OF THE NATIONAL COMPANY LAW TRIBUNAL RULES, 2016) IN THE MATTER OF SCHEME OF AMALGAMATION OF KERRY LIMITED...

PUBLIC NOTICE Notice is hereby given to general public on behalf of my client Taysyaba Mahabosh Syed, owner of the Flat No. 102, on 1st Floor, Shee Ashish Chandra Ltd, Survey No. 27A, Hissa No. 34, Village Purna, Tal Bhiwandri & Dist. Thane referred to as the said Flat...

PUBLIC NOTICE Notice is hereby given that Shri. Prashant Ramesh A. S. and Dipi Prashant Rao, are the owner of Flat No. 32, addressing 500 Sq. Ft. 2nd Floor, C Wing, Reshri Chandra Ltd, known as Gurumudra and Society known as Gurumudra Deepthi CHS Ltd, constituted on the last mentioned survey No. 18, registered to CTS No. 1442 Part A, situated in the village of Purna - Dahiru, Taluka - Borivali and District - Mumbai Suburban...

LAST AD FOUND I, Leena Yogesh Patel have lost below mentioned original Letters & documents relating to the purchase of flat number H.S. Patel, his firm M/S YOGYEE BOMBAY, and for my tenanted flat at 459, Arya Bhavan, 2nd floor, Flat No. 1, MUM-4...

NOTICE 401-407, Niranjan Vaghar Kendra, Sector 17, Vashi, Navi Mumbai - 407003 Notice is hereby given that the Certificate(s) for the under mentioned Equity Shares of the Company have been lost/misplaced and the holder(s) purchaser(s) of the said Equity Shares have been applied to the Company to issue duplicate Share Certificate(s)...

NOTICE OF PETITION A Company Scheme Petition of the Transferor Company No. 2 under Sections 230 to 232 of the Companies Act, 2013, filed for seeking approval of the Scheme of Amalgamation of M/s. Kerry Limited (Non-Petitioner Company/Transferor Company No.1) and M/s. AATCO Foods India Private Limited (Petitioner Company/Transferee Company No.2) with M/s. Kerry Ingredients India Private Limited (Non-Petitioner Company/Transferee Company) and their respective SHAREHOLDERS AND CREDITORS COMPANY PETITION NO. CP (CAA) No. 48/MB/2023 CONNECTED WITH COMPANY APPLICANT No. CAA No. 275/MB/2023 AATCO FOODS INDIA PRIVATE LIMITED (UIN: U5130020071174668) A Company registered under Companies Act of 1956 Having its registered office at Units: 114-115-116, Hidas Building, Sahar Road, Sector 21, Central East Navi Mumbai, Maharashtra - 400059 Represented by Mr. M. Jeevan Kumar Reddy, Authorized Signatory

PUBLIC NOTICE Notice is hereby given to general public on behalf of my client Taysyaba Mahabosh Syed, owner of the Flat No. 102, on 1st Floor, Shee Ashish Chandra Ltd, Survey No. 27A, Hissa No. 34, Village Purna, Tal Bhiwandri & Dist. Thane referred to as the said Flat...

ASIAN HOTELS (WEST) LIMITED Reg. Off: 6th Floor, Aria Towers, JW Marriott, New Delhi, Aerocity, Asset Area A Hospitality District, Near IGI Airport, New Delhi - 110 037 email: ahlw.complaints@asianhotels.com Website: www.asianhotels.com

ANAND RATHI Express Zone, A Wing, 10th Floor, Western Express Highway, Diagonally Opposite Oberoi Mall, Goregaon (E), Mumbai - 400 063 India

DEMAND NOTICE Anand Rathi Global Finance Limited: Express Zone, A Wing, 10th Floor, Western Express Highway, Diagonally Opposite Oberoi Mall, Goregaon (E), Mumbai - 400 063 India

FORM FOR INVITATION FOR EXPRESSION OF INTEREST FOR VINDHATA METAL PRIVATE LIMITED IN METAL INDUSTRY AT WADA (MAHARASHTRA) (Under Regulation 30A(1) of the Insolvency and Bankruptcy Code of India (Insolvency Resolution Process for Corporate Persons) Regulations, 2016)

NOTICE OF THE EXTRAORDINARY GENERAL MEETING AND REMOTE VOTING INFORMATION Notice is hereby given that an Extra-Ordinary General Meeting (EGM) of Asian Hotels (West) Limited ('the Company') will be held on Monday, May 13, 2024 at 4:00 PM (IST) through Video Conferencing ('VC')...

FORM FOR INVITATION FOR EXPRESSION OF INTEREST FOR VINDHATA METAL PRIVATE LIMITED IN METAL INDUSTRY AT WADA (MAHARASHTRA) (Under Regulation 30A(1) of the Insolvency and Bankruptcy Code of India (Insolvency Resolution Process for Corporate Persons) Regulations, 2016)

OMKARA ASSETS RECONSTRUCTION PVT. LTD. Corporate Office: Kohinor Square, 47th Floor, C-2, K. K. Karve Marg, R. G. Gardakh Chowk, Dadar (West), Mumbai - 400028 Email: mumbai@omkara.com; Mob.: +91 9879170774 / 91 9826280789

OMKARA ASSETS RECONSTRUCTION PVT. LTD. PUBLIC NOTICE FOR E-AUCTION FOR SALE OF IMMovable PROPERTY E-Auction Sale Notice for Sale of Immovable Asset under the Securitization and Reconstruction of Financial Assets and Enforcement of Security Interest Act, 2002...